

Genuine/sustainable community is a key remedy to "quiet desperation", meaningless Living?
Anybody can "learn" to create a mutually supportive community.

Month--= |---|---|---|
Status X=(0) static ?=(5) effort req. *=(10) satisfied---|---|---|

-----Prioritize multiple 1's, 2's, 3's

NETWORKING TIPS & ACTION PLANS

Identify your info needs & objective w/notes--My needs/objectives are _____

Know your own talents/skills/interest ---My talents/skills/interests etc are _____

Maintain a card file by groups then alphabetically—action to take _____

Participate in social events consistently for visibility _____

Have fun, be honest, use praise, LISTEN=TALKING
Action to take _____

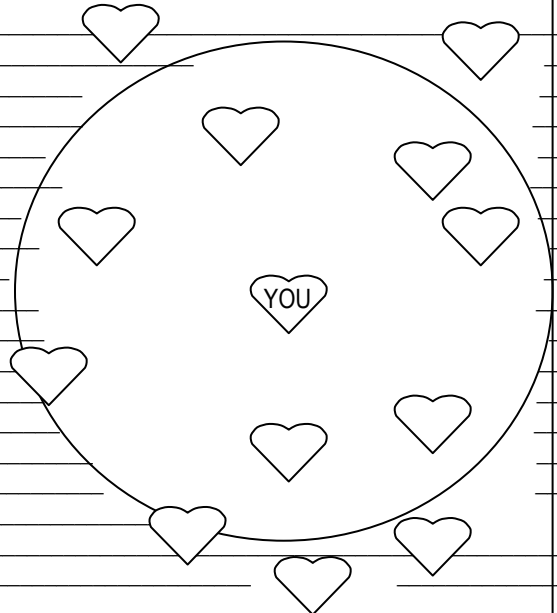
Reciprocate favors-be positive/nurturing/ask for equal efforts
Action to take _____

Exchange referrals with win/win
Action to take _____

Follow-up, follow-up, follow-up w/regular calls/Internet
Action to take _____

Mentors/co-mentoring
Action to take _____

Communicate essence by phone/Internet/avoid chit chat/reduce travel
Action to take _____



GENERAL NETWORK ACTION PLAN: _____

MY RELATIONSHIP NEEDS ARE: _____

ACTION PLAN _____ :

E HEALTHY RELATIONSHIPS, MENTORS, SUPPORT NEEDS

- _____ for nurturing _____
- _____ feedback _____
- _____ love _____
- _____ inspiration _____
- _____ education _____

ACTION PLAN _____

H COMMUNITIES-Sustainable communities meet consistently/have a critical mass of common values/recognize themselves as a community.

PHASES OF COMMUNITY (from Scot Pecks "A Different Drum)-pseudo/chaos/emptying/genuine--I am experiencing phase-- P C E G

What worked in the past for building community? _____

MY COMMUNITIES NEEDS ARE: _____

COMMUNITIES OF MERIT _____

ACTION PLAN: _____

FAVORITE WEBSITES _____

ACTION PLAN: _____

IMPORTANT RITUALS & CELEBRATIONS, EVENTS

ACTION PLAN: _____

What worked in the past for building community? _____

BASIC INTERNET: ask a librarian to set you up with free email account such as www.Yahoo.com

INTERNET ACTION PLAN _____